Cushing’s disease is complex and the best approach for patients is a multidisciplinary team of healthcare professionals working together guiding patient care.

Unfortunately, more than a third of patients experience recurrence so even patients who have been surgically treated require careful long-term follow up.

What Would Harvey Cushing Say about...?

THE TIME IT TAKES FOR AN ACCURATE DIAGNOSIS?

“Cushing’s disease still takes too long to diagnose!”

Time to diagnosis for a person with Cushing’s disease is on average six years.

DISEASE MANAGEMENT?

“Patients now have choices but more research is needed. There are a variety of disease management options for those living with Cushing’s disease today.”

Removal of the tumor is the preferred treatment option. However, there are now other treatment options such as radiation and medication when surgery is not effective.

PATIENT CARE?

“Cushing’s disease is complex and the best approach for patients is a multidisciplinary team of healthcare professionals working together guiding patient care.”

Today patients are typically treated by a variety of healthcare professionals including endocrinologists, neurologists, radiologists, mental health professionals and nurses to help manage all aspects of the disease.

ADVANCES IN CUSHING’S DISEASE DIAGNOSIS?

“Significant progress has been made as several options are now available for physicians to use in the diagnosing of Cushing’s disease.”

Ability to now test for biochemical markers - molecules that are found in certain parts of the body and can help to identify the presence of a disease or condition.

IMPORTANCE OF ONGOING MONITORING?

“Routine check-ups and ongoing monitoring are key in managing Cushing’s disease.”

Unfortunately, more than a third of patients experience recurrence so even patients who have been surgically treated require careful long-term follow up.

For more information about managing and living with Cushing’s disease, visit www.CushingsDisease.com

* based on the Endocrine Society’s Clinical Guidelines

Novartis Pharmaceuticals Corporation
East Hanover, New Jersey © Novartis 2014 March 2014 CSH-1084888